



WARRIOR STRENGTHENING PROGRAM

Marine and Family Services
MCCS, Marine Corps Logistics Base
Barstow, CA

Key points, what you need to know before your Marine attends our program:

- **Lodging:**
TLF Rate: Single \$49.00; Double \$59.00
NOTE: Barracks are unavailable.
 - **Meals:**
No messing facility on base
Family restaurant open M-F:
Breakfast - 0530- 0800
Lunch - 1030 -1300
 - **Area Per Diem:**
\$87.00 lodging; \$59.00 meals; \$146.00/day
 - **Clothing:**
Civilian attire - casual
Uniform optional
 - **Non-reporting orders**
 - **Arrival:**
Outside the area, nearest airport is Ontario International Airport, rental car required
-

Information for referring a military Member to WSP

1. The Officer In Charge (OIC) of the military member requesting assistance or the designated command representative requests assistance by contacting Dr. David Nieman, Ph.D., Clinical Supervisor, or Mr. Boxx, LMFT, Director at Com: 760-577-6533 or DSN: 282-6533 or by e-mail at david.nieman@usmc.mil or william.boxx@usmc.mil. The command provides information specific to the referral, i.e. current symptoms, behavior problems, pending legal issues or anything that command feels that is relevant to this referral. As this is a voluntary program, candidates should want to participate in the program, express a desirer to remain in service, and be willing to go TAD for 10 days to Barstow, CA. Please note that any active suicidal or homicidal issues would need to be addressed prior to the service member coming to the program.

2. If, after discussing the referral with our staff, and a determination is made that the Marine would benefit from the WSP, scheduling of the next available class is completed. At this time, a contact number is needed for the service member as WSP staff member will be making contact to obtain additional information.
3. Once scheduled the military member will receive an orientation packet containing detailed information explaining the program, location of the training office, orientation to base resources, and community information. Briefly this packet contains information on the WSP training experience that starts on the next available treatment cycle. Training cycles always begin with the Military member arriving in Barstow on Monday and departing the following week on Thursday. The military member is expected to report in at 0730 on Tuesday to building #129, Marine and Family Services Division.
4. A map and written directions to the base will be provided as well as contact numbers for the base that are good 24/7. Prior to the military member departing it is essential that we have a point of contact (POC) for any emergencies. We will need flight information with arrival and departure times.
5. The command is responsible for travel arrangements (air and rental car). A rental car is necessary as the airport is 70 miles from the base and most meal service is in town. The military member can fly into the closest airport, Ontario International Airport in Ontario, CA. Required lodging is through the base Temporary Lodging Facility (TLF) and arranged through the M&FSD secretary. Please note that all travel costs, lodging, and per diem are borne by the sending command. The military member needs to have an activated government travel card or advance pay to cover travel and lodging costs.
6. The Upon arrival at MCLB, Barstow, the service member is to check into the TLF, orientate to the base, and prepare for the first day of instruction which begins at 0730 at building #129, Marine and Family Services Center.
7. The first day of instruction, entails introduction to the WSP staff, an overview and detailed description of the program, and any questions or concerns are addressed. As this training program also has a research component a bio-psychosocial intake form is completed along with pre-instructional testing.
8. Each subsequent day begins with a status evaluation followed by program interaction consisting of class and individual blocks of instruction/interaction.
9. After instructional day 4, the next two days, skill strengthening 1 & 2, provide a self guided experiential testing and evaluation of change techniques. The results are presented for further streamlining

and individual application as needed in instructional day 5.

10. Instruction is completed on day 7 which incorporates post instructional testing, program evaluation and rating, and graduation.
11. The last day incorporates clearing TLF and depart base.